

Can All of This Psychic Stuff Truly Be for Real?

You have probably asked yourself this question countless times as you have read through this book. We often felt the exact same way as we were writing it, saying to ourselves (and each other), “*Can this really be happening?*” Indeed, it is something that Ruth and the Guides had to reassure us about constantly as we worked our way through this project.

What would you think if all sorts of spirits from Heaven started getting in touch with you? Wouldn't you question your own sanity? How could you not wonder whether what was happening was real? We sure did.

Jane's Doubting Came Early On

On the third day that this project began, July 13, 2002, Jane was in the midst of a transmission from the Guides and was mentally questioning the whole notion of automatic writing in general. Sensing her doubt, the Guides provided a rapid response to her question:

This is for real Jane. This is for real, not a joke. We are real.

Jane's disbelief kept creeping back into her mind during the next few days, prompting the Guides to reiterate that what seemed to be going on really was happening:

This is not really a joke. We are serious about everything. We need to get information out to as many people as possible. There is much work to be done, and we will get it done. We have faith in you, Jane. We need your faith to make this work.

Ruth Weighs In

Ruth and the Guides were aware of the questions we were asking ourselves about whether the automatic writing transmissions were real and how the world would view the book we were writing. Time and time again, our co-authors sought to allay our fears about what was happening, saying on one occasion to Jane:

We put Ruth in the running when we did because she was a well-respected political writer, and we knew that some people would think this business totally unbelievable. We must remind everyone that she was credible in her field for a very special reason; and that was so, one, people would not think she was crazy and, two, so she could pave the way for you, [so] people wouldn't think you are crazy.

Jane, we can tell you now that people are far more interested and believing than when Ruth started. She says to tell you, Jane, not to worry as she sees your open mind and personality being a gateway to people's believing. She says you are to go to the press, the news shows, anywhere that will spread the word. And she knows that you will be fine and believed, because you already have credibility with anyone who knows you. And you will be a good and interesting guest in many areas.

Ruth repeatedly let Jane know that she understood what it was like to wonder about the validity of something so seemingly far-out as receiving messages from “dead” spirits. One of these instances came after Jane had been talking on the phone to different friends and was then attempting to reconcile her conflicting feelings in a computer journal entry about what everyone would think once this book was published:

I have been looking forward to writing today and have not been letting my own doubts get in the way. After I let the whole doubt thing get to me, I began to think I must be crazy to put myself on the line like this. The whole world will be laughing at me, I thought. But those moments don't last too long. I am glad there are other people—like John Edward—out there already doing this sort of thing. Anyway, I'll let the Guides do their thing:

Jane, it is Ruth Montgomery here. I'm glad you are not letting your own skepticism get in the way too much. Imagine how I felt when I was doing it. It was little known back then, and it was terrifying, but exciting, all at the same time. When we first started out, I wanted to check everything out; prove to myself that I wasn't nuts! But my reputation of [being] a good journalist preceded me, and so not everyone thought I was a kook. My husband did tell me to be careful, but he had faith in me, and we did good—I think. As will you.

So, Jane, part of our mission is to convince the world that you are a worthy person and are not some nutcase. Remember, it is your very worthiness that people find so appealing. It is not every day that people take another for just being human.

One time Ruth even went so far as to come to Jane in a dream in order to bolster her confidence in moving ahead with this book, resulting in the following entry in Jane's computer journal:

Ruth Montgomery came through to me in a dream, just like she said she would early on. The only thing is, I don't remember what she said to me. Some psychic I am! She was younger than she was at the time of her death, but I knew that it was her. Trying to jog my memory, I vaguely recall her telling me that I was doing the right thing and to keep up the good work. Maybe she will come back again. I do remember thinking it was neat to be able to actually see her. Here we go again with not wanting to see ghosts. Dreams are safe because you can say it was just a dream. Isn't it funny how the mind rationalizes things?

Wanted: Believers *and* Non-Believers

Although we Macomers sometimes questioned whether we were really in touch with spirits from Heaven, among our family members, it was our brother Joe who doubted most—and still does to a very large degree—the reality of the whole notion of “automatic writing.” As someone not at all persuaded that there is even any form of afterlife, never mind the ability to communicate with spirits there, Joe wondered more than just a little—not in a critical way, just in plain disbelief—whether his siblings had flat out gone off their rockers. At one point as we were working on this book, Jane said to Rob, “Joey thinks that we're all nuts.” Yet that didn't seem to faze the Guides in the least bit:

It is your job, Jane and Rob and Phyl and Paul and Laura and Sarah—and even Joey, to get as much information out as you can. It may be Jane and Rob that are putting forth the most effort in getting this book done, but it is the collaboration of all of you that will make it happen. You were not randomly put here together; you chose to do this together. Even Joseph's disbelief will play a huge part. He is the non-believer—and we need non-believers for this to happen. We need people to challenge this.

Picking up on Jane's surprise that the success of the Guides' recommended Action Plan for Planet Earth depends on people challenging what is written in this book, Lily and company continued their explanation of the central role played by non-believers:

Yes, you heard correctly, Jane. We need people to challenge this. At first. Because we need people to trust their own instincts, which really are good if you let them question these very instincts at first. People need to believe that they are knowing, too.

And once the [people of the] world have questioned their own instincts, they will see that they are correct. That is to say, that the world does need to be turned around—and the only way to do that is to question where it is we need to go and how to get there. By putting out these ideas and these questions, the world will answer them for themselves.

Once we really get rolling, people will see that it is the right thing. That is, what we were just talking about. When people really ask themselves, “Is what these people, these Macomers, say real and true, or is it just a bunch of bologna?”

These questions need to be asked: Do we need world peace? Do we need world order? Do we need the human race to stop fighting amongst each other and settle into a state of believing in each other and most importantly ourselves? Let’s pull together and enjoy ourselves!

Some of you may scoff at this notion at first, but when you listen to your inner self, your real self, you will know that the mysteries of life are not mysteries at all. Just a language of sorts forgotten.

Don’t forget what we said: Non-believers can play just as big a part as any, maybe even more so. For it is those who are transformed the most that will bring this to light even seven and seven thousand fold. It is the non-believers, turned believers, who will shine the light on the world, along and beside the believers. You see, it is up to everyone—and everyone is up to it.

Take this wisdom and pass it on to your brothers now, Jane. Peace be to you and all the world.

These words of the Guides about the respective roles of “believers” and “non-believers” really made us reexamine how we were looking at this whole project. We had initially envisioned the intent of this book to be to help mobilize those among the “believers” into action to help implement the Action Plan for Planet Earth outlined herein. Never had we imagined that “non-believers” would be so essential to its success.

Yet the more we thought about it, the more sense it made. It’s sort of like the person who’s smoked cigarettes for many, many years and then is finally able to quit: These people are often the most zealous anti-smoking advocates of all. Because they’ve experienced firsthand how harmful to their own personal health such a senseless addiction has been and are profoundly grateful for having been able to free themselves from the vice-like grip of nicotine, former smokers often bring an almost religious fervor to any discussion about smoking.

So, how would you characterize yourself? Are you a “believer” or a “non-believer”? And when we use that term, we don’t mean, *Do you believe in everything that is written in this book?* No, definitely not, for even if you concur with much of the information it contains, there are sure to be some points with which you would take issue. And many of you may disagree with a great deal of what you are reading in this book. Nor does our understanding of what constitutes a “believer” require that you believe that there exists some sort of God or Higher Power. No, it’s much more basic than that. We would suggest that, as the Guides have stated, being a “believer” boils down simply to believing:

[T]hat the world does need to be turned around—and the only way to do that is to question where it is we need to go and how to get there...[that] we need world peace...[that] we need world order...[that] we need the human race to stop fighting...and settle into a state of believing in each other and most importantly ourselves.

So, what's the whisper of your *heart* saying to you *right now*? Believer or non-believer? Do you *feel* that the world needs to be turned around, and do you *believe* that it can be done? Or does your *mind* tell you something different? Does it *think* that the planet's problems are too overwhelming to be solved and that we as a race are simply incapable of all getting along together and sharing what we have with each other?

So what did you decide? Do you know that you're definitely a believer and feel that, as formidable as the obstacles may be, the tremendous challenges facing us can—and will—be overcome? If so, then please know that we're *so* glad that you're already on board. It's true that there is strength in numbers. Strength of commitment, strength of will, strength of spirit...strength of belief.

Or does the situation on Earth appear just too bleak and big ever to work itself out? Do you watch the news and think to yourself that the world's just a monumental mess and always will be? When you read newspapers or magazines, do you just skim over—or completely ignore—the articles about world affairs, figuring that things for lots of people on the planet are just plain hopeless and that you're glad you're not one of them? Do you rapidly scroll by the sad stories on the computer screen because they're just too depressing to click on and read? When you're driving in the car and listening to the radio, do you sometimes switch to a different station when the news comes on so you don't have to listen to more downer stories about what tragic thing has just happened?

If you answered “yes” to any of the questions in the preceding paragraph, then join the crowd. Haven't we all done these things? Who among us hasn't looked at what's going on around the globe—unprecedented terrorism, devastating poverty, millions of people starving to death, the spread of numerous incurable diseases, environmental destruction, one war after another, etc.—and thought that things will just never change?

Yet, at the same time, haven't you had at least a fleeting thought along the lines of, *Wouldn't it be nice if things could be different?* Don't many of us actually *believe* that it would be great if the problems of the world could be solved? But, on the other hand, aren't we afraid that if we started to give serious consideration to how these issues might best be solved, that the prospect of almost certain failure makes such thoughts a bad investment of even the slightest bit of time, energy, or emotion? Doesn't the issue really boil down to the fact that most of us just don't believe it's possible to solve the world's pressing problems? Until this book project unfolded in our own lives, we certainly didn't.

So, it seems that most everyone is a believer to a certain extent. In fact, how many people could you really find who would say they didn't believe that it would be good if the planet's problems could be resolved? Where the disbelief comes in is with the question of whether it is possible for the various things that are “broken” on the Earth to be “fixed.” Ah, there's the rub. That's where things get sticky. “*Get real,*” you think. Well, we would

respectfully like to request that right now you stop “thinking” for the next couple of minutes and just focus on your “feelings” as you read the rest of this chapter.

Tune Down Your Mind and Crank Up Your Heart

So, have you turned down the “thinking” volume in your head? Not off, just down to a level where the subtleties of the tug of your heart can be felt and reconciled with what your mind is thinking. We hope so, for your experience in reading the end of this chapter will likely be enhanced if you have.

Ready? Here’s what the Guides would like you to consider:

What we need to do right now is get the world in order. Get the people back on track. The ideas will come together as the people of the world come together.

It is really quite simple; and we see that a lot of you are reading and understanding, even as you may tell yourselves that you do not. It is this little inclination, that little tug, that little notion inside your head and heart and soul that tells you the truth. That maybe, just maybe, there is a little—or a lot—more to this than meets the eye. Maybe.

Think on this and you will be sweetly surprised when you remember. You know that feeling when someone reminds you of something you did together, some time you shared? And you say, “Oh, my God, I forgot about that!!!” And you are flooded with feelings of joy and elation when you remember? It will be the same feeling, only a billion times stronger, when you remember the things we are talking about.

And you are even correct when you say, “Oh, *my* God.” He is your God. He is you. She is you. You are her. Him or it. Whatever you want to call whatever it is *We* are.

So we ask those of you who are reading this book, this collection of ideas, let your imaginations run away with you, even if just for a moment. Let your *true self* be. Just *let it be*, as that great Beatle Paul McCartney sang once upon a time.

We Would Like to Ask You to Do the World a Favor

There is one small thing that we would respectfully like to request that you do: The next time you’re reading a newspaper or magazine, watching the news on television, listening to it on the radio, or motoring along on the computer screen, please stop and take just a few minutes to focus your feelings intently on whatever “bad” story is being told by the media.

It doesn’t matter whether the story’s about people in another country, your own nation, your home state, or the very city or town in which you live. The point is to really attempt to feel whatever it is that your heart may be telling you about the information you are taking in. For starters, try to feel what the person or people in the story are going

through or have gone through. A lot of us did this after the 9/11 tragedy at the World Trade Center in New York, but there are stories in the news every day that are also deserving of our compassion.

Next, try to feel what your heart is telling you should be done about the situation. Put aside any “logical” considerations about what may or may not seem practical or possible to do. Rather, let your heart tell you what you feel *should* be done if anything were possible. And whatever response you get is what *needs* to be done. It doesn’t matter how improbable the answer may seem or how impossible to achieve you may think it is. What is important is to identify what your heart tells you.

Finally, after you’ve learned what your heart has indicated is the truth, search through both your heart and mind to see whether you can find just a glimmer of hope that maybe, just maybe, things can be changed. Don’t you already believe that they *should* be? Doesn’t it really just boil down to whether you believe they *can* be?

But Where’s the Proof?

The bottom line is that we can’t “scientifically” prove that any of the information contained in this book came from Heaven. All we can tell you is that we *know* deep in our hearts and souls that it didn’t come from us.

But what about you? How are you to evaluate what you are reading? Here’s what the Guides suggested in one of their transmissions through Jane:

For people who want proof of the authenticity of our writings, tell them we know their heart of hearts and we are all in this together. It is nay-sayers and laymen that will really bite into this book, as its message of positive reaffirmation is so strong.

When we talk of people that are on this side, we see many skeptical things in the eyes of many, but they should not fear that there is another side. There is a lesson to be learned in each lifetime, and we see that it is time for a break for many here on Earth.

We interchange our talk of here and there, as we are both on that side and this. It is much easier to get things done on different levels when you have many people controlling the thought lines of communication. That is to say, we can open many channels to people if they will open their own minds as you have done; and we see many people doing that as we reach out in many different directions. Now we know a lot of you reading this are going to say that we are crazy, or that Jane is crazy, but we are not and neither is she.

So, ultimately, only you can decide what you believe and what you do not. Accept whatever your heart tells you has the feel of truth and discount the rest to whatever extent makes sense to you.

You may decide that everything in this book is pure hogwash and that it’s just too fanciful to be at all possible. If so, then please know that we sincerely respect how you feel and are grateful that, in spite of your doubts, you are taking your time to read this

book. On the other hand, if parts of what you have been reading ring true in your gut, then that's great. But either way, don't kid yourself. Be honest with the person in the mirror about how you are really *thinking* and *feeling*. Only then will you be able to decide for yourself what's real and what's not.

One thing is for certain, though: You have picked up this book for a reason—and make no mistake about it, there is a reason for *everything* that happens in life. Perhaps you have always been interested in the spiritual aspects of existence and wished to learn more. Maybe you are someone who has never read anything like this, but are curious about life's big questions and wonder whether there is anything to this psychic mumbo-jumbo. Or it could be that you are a staunch skeptic who simply wanted to see what a book such as this had to say.

Whatever the reason behind this book coming across your path, we would humbly suggest that you look within your heart of hearts and ask yourself one critical question: *Why did I pick up this book?* Before turning the page, please reflect on this for a moment and then answer yourself honestly.

Right now, at this very instant, you probably know why you were interested enough to delve into this book. And as you prepare to turn the page, we'll close this chapter by saying, *Isn't it possible that we would all—both believers and non-believers—like to, as the Rod Stewart song goes, "Find a reason to believe"?*